



# Forty Hill C of E Primary School

## Personal, Social and Health Education (PSHE) and Citizenship Policy

### Introduction

#### **Personal, Social, Health and Economic (PSHE) and Citizenship Education at Forty Hill C.E. School**

At Forty Hill, Personal, Social, Health and Economic (PSHE) and Citizenship Education is recognised as a vital part of our whole school curriculum. It plays a central role in supporting children’s personal development, wellbeing, and preparation for life. Our PSHE curriculum follows guidance from the Department for Education, which highlights PSHE as an important and necessary part of all pupils’ education.

We use a carefully structured programme to equip children with the knowledge, understanding, and skills they need to manage their lives – now and in the future. Through engaging, age-appropriate learning, children explore themes such as relationships, health, wellbeing, economic understanding, and responsible citizenship. The curriculum supports them in understanding risk, making safe and informed choices, and developing positive self-esteem and resilience.

Assessment informs teaching to ensure that all pupils can access and fully participate in PSHE lessons. This helps every child to make meaningful progress, both personally and socially.

At Forty Hill, we are proud to be an inclusive school that values and respects all individuals. Our PSHE and Citizenship curriculum is designed to promote equality, celebrate diversity, and foster a sense of belonging.

PSHE and Citizenship play a key role in nurturing the development of our pupils and supporting them in becoming compassionate, respectful, and active members of society; Living out Jesus’ example of “loving others” as He has “loved us” (John 13: 34-35). This is in keeping with our school vision and the example set by the life of Jesus, as we aim to ignite curious minds while learning and living in Faith, Hope and Service.

### Aims

At Forty Hill, PSHE and Citizenship Education is an integral part of our curriculum, supporting children in developing the knowledge, skills, values and understanding they need to become confident, capable, and compassionate individuals. Through a broad range of meaningful learning experiences, both within and beyond the classroom, pupils are encouraged to contribute positively to school life and the wider community.

As they engage in these opportunities, children learn to recognise their own unique value, develop personal responsibility, and build strong, respectful relationships with others. They reflect on their learning and experiences as they grow in confidence and maturity, exploring spiritual, moral, social and cultural issues in a safe and supportive environment. Pupils are given space to explore their identity, express their feelings, and develop a sense of belonging. Our PSHE and Citizenship curriculum is designed to nurture understanding and respect for our shared humanity, recognising diversity and difference as strengths. It empowers pupils to form healthy, meaningful relationships and to play an active role in society as responsible, informed citizens.

In line with our vision—*Learning and Living in Faith, Hope and Service*—PSHE and Citizenship Education at Forty Hill nurtures the whole child, supporting their growth into thoughtful, resilient and caring members of their communities and society.

The main aim of PSHE and Citizenship Education at Forty Hill C.E. School is to:

- Help children to become confident, respectful and caring individuals as outlined in our School Vision and Values
- Promote pupils' spiritual, moral, social and cultural development and prepare all pupils for the opportunities, responsibilities and experiences of life

- Develop knowledge and understanding of the value systems found in Britain
- Be able to reflect on their own experiences and to develop a personal response to the fundamental questions of life
- Have respect for other peoples' views and to celebrate the diversity in society
- Gain an understanding of relationships, sex and health (RSHE) at an age-appropriate level for their age
- Understand the importance of physical activity and diet for leading a healthy lifestyle
- To empower the children in the development of their self –esteem and ability to express their own views and feelings, using the Zones of Regulation © approach, alongside a growth mindset
- For children to appreciate that people may have different values, opinions and beliefs and that these may be equally valid
- To recognise the part they play in developing their own independence

All the aims above lead to the promotion and celebration of the 'whole child' at Forty Hill C.E School. The personal development of pupils, spiritually, morally, socially and culturally, plays a significant part in their ability to learn and achieve. Development in these areas is integral to enabling children to flourish and live in Faith, Hope and Service.

### **Curriculum Provision**

At Forty Hill C.E School, PSHE and Citizenship is delivered within a whole school approach which includes:

- Allocated lesson times for PSHE and P4C
- Assemblies (See Collective Act of Worship Policy)
- Teaching PSHE and Citizenship through and in other subjects/curriculum areas including:
  1. English: skills in enquiry and communication, stories that illustrate aspects of personal and social development
  2. Mathematics: aspects of financial capability, counting and sharing
  3. Science: (including medicines), sex, health, safety and the environment
  4. Design & Technology: health and safety, healthy eating and use of technology
  5. ICT: communicating with others via e-mail, finding information on the internet and checking its relevance, e-safety and keeping safe online.
  6. History: reasons for and results of historical events, diversity within societies, significant people, events, ideas and experiences of people from the past.
  7. Geography: topical issues concerning environment, sustainable development, land use, study of pupils' own locality and places in different parts of the world.
  8. Art and Design: reflecting on and responding to ideas and experiences communicated through works of art, craft and design from different times and cultures.
  9. Music: making the most of abilities in playing or singing, issues of cultural diversity, their value and their expression.
  10. Physical Education: learning about health and safety, development of personal and social skills through team and individual activities, games and sports. The children also recognise the need for rules and motivation.
  11. RE: religious and moral beliefs, values and practices that underpin and influence personal and social issues and relationships.
  12. Through PSHE and Citizenship activities and school events. For example: sports events, RE Visits, events that take place with Partnership Schools and other School or Class Organised Events e.g. Charity work for Crisis, Comic Relief, and Global Neighbours projects.

### **Relationships, Sex and Health Education**

Relationships, Sex and Health Education (RSHE) forms an integral part of our PSHE curriculum. RSHE is the lifelong learning about physical, moral and emotional development. It is about the importance of stable, caring, loving and respectful relationships for family life.

*Please see our Relationship, Sex and Health Education Policy on our school website.*

### **Recording, Assessment and Reporting**

Each class in the school has a PSHE floor book to record the range of activities and experiences of the year group.

To assess pupils' progress in PSHE we:

- use national curriculum objectives within the Enfield and Islington curriculum schemes of work
- ensure that a range of pupil voice and participation is recorded in floor books to aid teacher-based judgement
- take photographs from the topic as evidence
- photographic evidence of visits/visitors

These assessments and feedback from learning walks and book looks will be looked at by the Headteacher and the subject lead to report on progress and attainment to feedback to Governors.

### **Monitoring and Evaluation**

**To monitor and evaluate PSHE, the subject leader will:**

- observe lessons through learning walks and book looks
- ensure that the school stays abreast of any changes in national or local expectations
- review provision of resources
- support with teaching and learning and CPD

### **Working in Partnership with Parents**

We recognise and value the interest, support and involvement of the parents in their children's PSHE and Citizenship Education development and keep them up to date with any developments in this area. At Forty Hill C.E School we actively encourage parents to help their children in learning through discussions and educational visits where possible.

### **Prevent Duty**

It is the school's duty to report and work with any child who may be exposed to radicalising influences. In our PSHE and Philosophy lessons, children will be encouraged to express their own views and if adults hear opinions that cause them concern, these will be raised under the school's Safeguarding Policy.

*Please see our Child Protection Policy and Anti-radicalisation policy statement on our school website*

### **Role of PSHE/Citizenship Co-ordinator**

The Co-ordinator will:

- Raise awareness amongst all staff of their contribution to the pupils' personal and social development and agree the overall aims, objectives and priorities
- Keep abreast of updates for the new curriculum regarding PSHE and Citizenship Education and local and national initiatives
- Establish a shared view of best practice to which all pupils are entitled
- Agree the main priorities for the pupils' personal and social development and identify the major opportunities for meeting these priorities across the curriculum
- Provide appropriate support and training for staff, feeding back from their own CPD
- Monitor and evaluate provision
- Attend relevant LA courses and network meetings
- Order and monitor resources

*This policy is reviewed regularly by the Headteacher and the school's PSHE co-ordinator and ratified every two years by the Governing Body.*

*Accepted by the Governing Body: October 2017*

*Review Date: October 2019*