



Newsletter No. 2

Our Value this Half Term is **CONFIDENCE**



Fulfilled we learn to be **Confident**

Jesus said: "I have come that they may have life, and have it to the full" John 10:10



October



Dear Parent/ Carers,

We have had a busy October with the advantage of the warm weather (until recently!) enabling us to enjoy our grounds as part of learning and play. It was an absolute pleasure to welcome our parents and carers into school last week to meet with teachers and have an opportunity to look at their children's work. The final week was our Multicultural Week, where we celebrate the wide range of cultures that make our own Forty Hill community, alongside our children studying key figures in Black History as part of this focus week. It was so lovely to see the beautiful array of cultural costumes and national colours worn by our children on Thursday (as you can see below) and the Multicultural Food Festival was the biggest and best it has ever been! Thank you to the Friends of Forty Hill and all parents and carers who helped make this wonderful event happen. Wishing everyone a very happy half term break,

With my very best wishes,

Ms Izard, Headteacher

Multicultural Week



Multicultural Food Festival



Nursery- Mrs Morris, Mrs Zucconi, Mrs Courtney and Mrs Toumazou



It has been another busy, exciting few weeks in Nursery! We have still been getting to know our routine, each other and forming friendships. Continuing our class text 'You choose' we have been practising our cutting, building and mark making skills when choosing what we would like to wear, where would like to live and what we like doing! To help us practise our finger numbers to 5, we have

been singing songs like 5 currant buns, 5 speckled frogs and 5 little ducks to help us. To make it even more fun- we get to act as the characters! As well as in our counting, we have been using singing to help us to recognise animal sounds with Old McDonald. Outside, there has been an exciting new addition to the garden with a slide and climbing frame- which the children helped to 'construct'. Mrs Z brought out the bubbles and we were able to see how many we could pop ourselves. This week, we have celebrated our heritages in multicultural week and have enjoyed designing our very own flags. We are super excited to have our families visit the Nursery on Friday for the food festival- a great way to show off all our hard work and to celebrate our first half term!



Reception- Mrs Munt, Mrs Morris, Mrs Toumazou and Mrs Sofroniou

It's hard to believe that we've reached the end of our first half term! We're extremely proud of how well the children have transitioned and are embracing so many different learning opportunities. We have had some special visitors this week who have also commended the children on their behaviour and progress in Phonics. Natures treasures have provided us with lots of joy and making conker soup really enhanced our capacity learning! As we've learnt about how Christians believe the world was



made we've also enjoyed thinking about what we enjoy in nature and celebrated this by creating a whole class piece of natural art. This week we've explored the life of Mae Jemison and how much she has achieved. We've reflected on the importance of treating everyone equally and celebrated our sense of belonging as a class, our own family units and our individual uniqueness! Have a wonderful half term!



Year 1 – Mrs Kubilay, Miss Bissett, Ms Bowery and Mrs Golebiowska



This week Year One have been learning all about Mary Seacole for Multi-cultural week. The children began the week looking into why Mary Seacole is a significant figure of history and created a time line of all the significant events in her life. They then wrote their own fact files on Mary and all of her achievements - they are very informative! In other news, Year One have been continuing their learning of Footprints of the Past and created their own timelines using the Dinosaur Era.



They have also created their own fossils using clay and learnt lots of new skills. They began practicing their skills on play dough and then transferred these shaping and modelling skills on clay. Once they are dry the children will have the chance to evaluate their work and share their thoughts with their peers.

Year 2 – Miss Wisbey, Miss Petris and Ms Darby

It's been a busy first half term in Year 2, as the class has been working so hard. The children have loved learning about the Stone Age and have been applying their learning to their Talk for Writing in Literacy and Art. Within Art Class 2 have been focusing on the artist Andy Goldsworthy and have been inspired by his use of nature and repeating patterns. The



children worked hard to learn new clay skills as well as using nature as an idea to include in the detail on their very own Stone Age pots. During their RE lessons the class have been



exploring the Lords Prayer and why it is important to Christians. They have explored why God is called a Heavenly Father, what asking for daily bread means and how we can all forgive. During our Multicultural Week Year 2 have been discovering and researching (through different forms of evidence) the life of Rosa Parks, and the difference she made by not giving up her seat. They have been so determined to remember key dates and impress the Year 2 team with their key terminology; applying words such as segregation and boycott to their verbal and written responses. What a wonderful first half term it has been for Year 2 - keep up all of your hard work!

Year 3 – Miss Hills and Ms Bishop

To end their History topic, Year 3 immersed themselves into their Design and Technology unit, designing and making their own board games which could be used to teach children about the Romans. The children carried out research by looking at a range of existing board games and discussing the features that they liked or how they would improve them. They then worked in groups to first design and then make their own board games, complete with catapult levers and working spinners! The children impressed Miss Hills and Ms Bishop with their creativity, ingenuity and most of all fabulous teamwork skills! Elsewhere in the curriculum, the children culminated their learning in Science by creating their own shell fossils using clay and plaster of Paris and in Literacy, the children wrote



some amazing setting descriptions all about a tropical jungle. The children should be so proud of all they have achieved and their positive growth mind sets. The children were also excellent representatives of our school on their trip to St Albans and enjoyed a wonderful, fun filled day. We are all looking forward to what else is to come for them next half term!



Year 4 – Miss Champion and Ms Cox

Year 4 have been enjoying lots of practical learning this month, such as their Science investigation all about simple circuits and what it takes to light a bulb. The children put together their own circuit and were able to confidently explain their findings using lots of great scientific vocabulary. In RE, the children recreated three key moments in the story of Ruth and Naomi by creating freeze frames. They were



able to embody the characters and successfully explain how they thought both Ruth and Naomi would feel. On our DT day, the children blew us away with their sewing skills as they made their own felt purses. The children even had a go at sewing on buttons and Miss Champion and Ms. Cox were so impressed by their creative designs and attention to detail. Lastly, the children wrote some amazing



pieces of writing in Literacy, describing the moment their key character, Beowulf, defeats the evil character, Grendel's mother. We are so pleased with the impact that our Talk for Writing approach is having on the children's writing but also the hard work and enthusiasm the children have shown. Well done Year 4!



Year 5 – Mrs Fernandes and Mrs Buller



It feels like it was not too long ago that we were welcoming the children back to our lovely school, and in the blink of an eye, we are at the end of a very successful and happy half term. The children have been incredible in their attitude towards learning and I know the teaching team is very proud of the progress the children have made in a short space of time. In Literacy, the children have now completed their hot tasks and it was wonderful to see so many

parents beaming with pride as they read through these. This week we are celebrating 'Multicultural Week' and as part of Black History Month, Year 5 have been looking at the life of Martin Luther King Jr with a focus on the question 'Can one man change the world?' It has been a privilege to see and hear the children discuss the significant impact Martin Luther King Jr had in our world today.



Year 6- Miss Dale, Mrs Watson and Mrs Brewer

Year 6 have had a fabulous few weeks, focusing on their narrative writing, World War 2, and their sculpture project inspired by Henry Moore. We visited the Henry Moore studios and sculpture gardens to find out more about this incredible artist and his breathtaking work. The children really enjoyed walking amongst his large pieces and sketching them from different perspectives. A lot of time was spent discussing their responses and what the sculptures made them think of. Their behaviour and engagement was excellent. Back in school, we were inspired to create our own 3D pieces reflecting the forms Henry Moore used in his work. In Literacy, the children have worked really hard building up their skills in writing to build tension and foreshadow danger. They have produced engaging pieces of work about what it would have been like to be caught in an air raid during the Blitz. Their writing was superb! Well done Year 6 for a great month's work!



Amazing News

New life in our Forty Hill family! I am pleased to announce the pitter-patter of tiny feet coming in the new year to our lovely Year 5 teacher, Mrs Fernandes. We are all very excited and look forward to seeing pictures of the little one when they arrive. News after half term about maternity cover for Year 5!

Pokemon Club

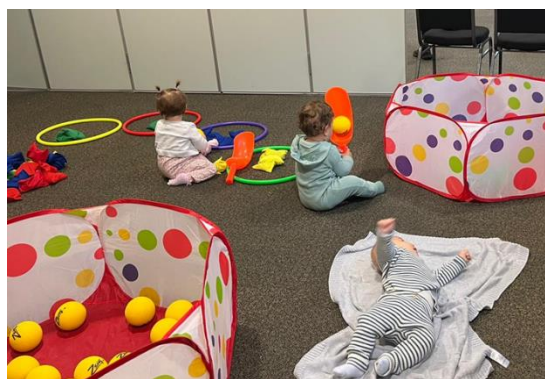
Please remember that Pokemon Club is still available every Wednesday lunchtime for children in Years 1-6. I have had a few parents say that were not sure it was still happening. It definitely is. Do remember that if your child loses, or chooses to trade their cards that it is solely their responsibility. I oversee this club, but I am not responsible for any missing or traded cards. Whilst of course this is difficult to navigate, it is helping with communication language and responsibility. Happy Half Term - Gotta Catch Them All!



Forty Hill Fit with Little Movers

'The first Forty Hill Fit + Mini Movers event was held last week and a great success! Well done to everyone who attended. It was a great way for parents and carers to socialise as well as getting fit!

The next event will be on Thursday 2 November 2023 in Jesus Church Hall straight after drop off. Suitable for all ages and fitness levels! Feel free to invite friends and family! All proceeds are donated to the school!'



Daniel and the Lion's Den performance at St Marys High School

On the evening of Thursday 12th October, a selection of children from Forty Hill took part in the Church School's Art Workshop (CSAW) performance at St Mary's CE High School with 3 other primary school and St Mary's students. The original musical adaptation of *Daniel* was composed by Mr Crosby, St Mary's Director of Performing Arts. The children have been rehearsing at school, performed a solo song as well as several songs with other primary schools culminating in a grand finale with the performing artists of St Mary's. The children were accompanied by a live band and performed with sound musicality, confidence and joy! We are extremely proud of the way they conducted themselves and represented our School.



Singing Playgrounds

On Monday we took a group of children to Singing Playground training. This team will support Mrs Munt in delivering some 'in house' training before they take up their roles during break and lunchtimes shortly after half term. It's an exciting venture to be part of!



500 Words Arts Trophy



The final for the 500 Words Arts Trophy was held on Friday 13th October, hosted by Miss Hills and judged by two of our fabulous school governors, Ruth Moore and Sue Hamment. Well done to all the amazing finalists who wowed the audience with their short stories and massive congratulation to Miles and Georgia who were our two winners. All finalist's stories will be entered into the national 500 Words competition so watch this space!



Cross Country at Forty Hall

Well done to our brilliant cross-country runners from Year 5 who took part in a cross-borough competition at Forty Hall earlier this month. They all represented Forty Hill admirably both in attitude and stamina- we are very proud of you! Thank you to Coach Hemmings and Mrs G who accompanied the group.

Times Table Rockstars!

More brilliant mathematicians across the school, who received their times table rockstar certificates in Achievement Assembly on Thursday! Remember you can keep practise at home by accessing this brilliant programme, which is a fun way of learning your time tables!

We need your support- Amazon Wish list ★

If you would like to contribute some useful resources to our school, we would be so grateful if you would choose something from our Amazon Wish list to help us out during these challenging times.

Please follow the link to our Wish list: <https://amzn.eu/fHksEUT>



Annual Statement from Governors

Message from the Governing Body

Welcome back to school for this academic year, especially the new families joining us in Nursery and Reception. The Annual Statement, produced by the Governors, has been uploaded onto the school website [Governor's Statement 2023](#) - if you have any questions arising from it, please contact us via the school office.

Ruth Moore - Chair of Governors



Be a Global Neighbour & support our STARS Sustainable Travel Campaign



Transport for London STARS



The STARS project encourages active, healthy, safe and sustainable travel. We aim to reduce the number of car journeys to our school to improve congestion, pollution and to make the roads safer for our children. Walking, scooting or cycling for all or part of the way to school is a great way to fit in exercise for children at the start of the day. It also helps them arrive at school awake, alert and ready to learn. For more information visit www.stars.tfl.gov.uk

The green cross code

1. Find a safe place to cross then stop
2. Stand on the pavement not the kerb
3. Look all around for traffic and listen
4. If traffic is coming, let it pass, look all round again
5. When there is no traffic walk carefully across the road



If we all try to make more trips by walking and cycling, we can reduce traffic on our streets, improve the air quality and our health and wellbeing.

Use our Walking, Cycling, Wheeling map to help plan your active travel route to school, discover new, quieter streets, and perhaps meet a friend on the way.

If you need to drive, park 10 minutes away from the school. Walking the rest of the way will help achieve your daily active mile, reduce the number of cars outside the school and help keep children safe.



Did you know?

- ▶ 69% of Enfield's pupils live within 1 mile of their school!
- ▶ It only takes 20 minutes to walk 1 mile, or 6 minutes to cycle!
- ▶ You are exposed to cleaner air when walking and cycling compared to when riding in a car!

If you need help with learning to ride, contact healthystreets@enfield.gov.uk for advice.



Why Active Travel?

Actively travelling to school is more fun than riding in a car, it helps you reach your daily exercise goal of 60 minutes and helps you concentrate better at school. Walking, scooting or cycling your journey also improves your road safety awareness, and helps you become confident to travel independently.

Walking is simple, free and a great way to exercise.

Cycling & Scooting are fun and help improve your co-ordination, motor skills and balance.

Public Transport is better for the environment than using a car. Fewer cars equals better air quality. You can also combine it with active travel by getting off a stop earlier and walking the rest of your journey.



Walking, Cycling, Wheeling

Getting to

Forty Hill Primary School



Plan your trip to school with your child

If you don't live far from school walking, cycling or wheeling is a healthy way to travel! It's easier, saves time, reduces stress and gives children exercise before they start the school day.



What can you spot on your way to school?

- ▶ Sweet Tweet - how many birds can see or hear?
- ▶ I Spy - find something that begins with A,B,C...
- ▶ Lucky You - how many cats have crossed your path?
- ▶ Find What Fits - which leaves match which trees?
- ▶ Colours of the Rainbow - find something of every colour.
- ▶ A Bugs Life - how many different insects can you spot?

Facts & Figures

- ▶ 25% of traffic during rush hour in London can be attributed to the school run, however the majority of primary school children live within 1 mile of their school.
- ▶ By switching from the car to walking or cycling, there would be a huge reduction in congestion and pollution during peak hours.
- ▶ 30 minutes of activity 5 days a week can help reduce the chances of developing several major illnesses, including diabetes, cancer and depression.
- ▶ Moderate exercise has a positive effect on well-being, mood, sense of achievement, relaxation and release from daily stress.

NHS NICE Guidelines 2019

Information from the Director of Public Health Enfield



This letter contains important information.

Dudu Sher-Arami
Director of Public Health
London Borough of Enfield

October 2023

Dear parents and guardians,

Measles update: Getting your child vaccinated can stop them from being sent home to isolate for 21 days. Book an MMR "catch-up" clinic appointment now on 020 8702 6187.

Over the summer you may have seen news reports that London is at serious risk of a measles outbreak this winter. With the risk of 100,000 cases in London, now is the time to act.

What do I need to do?

1. **Check your household's MMR vaccination status** – you can check:
 - With your GP surgery over the phone or by email,
 - For children, in their 'Red Book' (their personal health record),
 - If you are registered, you might also be able to check online or via the NHS app.
2. If your child has not had two doses of MMR vaccine, **book an appointment with the Enfield School Age Immunisation Team on 020 8702 6187.**
This winter the team are running MMR "catch-up" clinics in schools.

Other family members can book an appointment with their GP. If someone's vaccination status is unknown, it is safe to receive the MMR vaccine even if they have had it before.

Measles is serious and highly infectious – 5 times more so than COVID. Any child not vaccinated is almost certain to contract measles if exposed to an infected person and 1 in 5 children with measles require hospital admission. It takes two doses of MMR to be fully protected. **In Enfield only 66% of children have had both doses by age 5 – to prevent an outbreak this needs to be 95%.**

Children infected with measles and children who are close contacts of someone with measles, who are not fully vaccinated with two MMR doses, could be asked to self-isolate for up to 21 days.

This could mean your child missing school for up to 21 days.

Children who have had both doses of the MMR vaccine have 99% life-long protection and do not need to be excluded. Vaccination keeps them safe.

It is never too late to get vaccinated for measles and the MMR vaccine is free.

What is the MMR vaccine?

The MMR vaccine is a combined vaccine for three viral infections – measles, mumps and rubella. It is generally given in childhood as two doses, one at 12-13 months and a second dose before school entry. The vaccine is safe and highly effective – **two doses protect 99% of all people from measles infection.**

What is measles?

- Measles is a highly infectious airborne disease – **infection can spread up to 4 days before symptoms begin** and a single person infected with measles can infect 15 other people.
- Measles infection can be serious, especially for people with a weakened immune system or pregnant woman who cannot be vaccinated – **measles can cause seizures, meningitis and miscarriage. It can even kill people.**
- Vaccination is the only effective measure to control the spread of infection, **measles is 5 times more infectious than COVID-19** and whilst PPE and good handwashing are important, they cannot control the spread of measles.
- If you think you or your child has measles (**the typical symptoms are a blotchy red/brown rash, high fever, watery eyes, body aches and cough**) or has been in contact with someone who does – **stay at home (from work or school) and phone your GP or NHS 111 for advice.** Do not go to work, school or the GP surgery – measles is highly infectious.

Where can I find more information?

I have included a **detailed leaflet on measles and the MMR vaccine** with this letter. The www.nhs.uk website also provides a range of excellent articles about health and wellbeing. If you want to find out more about measles, the MMR vaccine or the risk of an outbreak please go to:

- Measles - www.nhs.uk/conditions/measles
- MMR vaccine - www.nhs.uk/conditions/vaccinations/mmr-vaccine
- Outbreak risk video by the UK HSA - www.youtube.com/watch?v=cCsW-VyPos0

I want to thank all of you for your help. The MMR vaccine is safe, **book a "catch-up" clinic appointment now to keep your child safe and in school this winter.**

Best wishes,
Dudu Sher-Arami



Protect yourself and your family from measles, mumps and rubella.

Book an appointment with the Enfield School Aged Immunisation Team now.

i mmunisation

Helping to protect everyone, at every age

Online Safety

As part of our ongoing commitment to **Online Safety**, the children will be talking about staying safe online. It is such an important life skill to understand the impact their digital footprint has and also the ways to keep themselves safe whilst experiencing all of the wonderful opportunities the internet can provide. If you haven't already seen the online video, please do click on one of the picture links below:



**Reception, Year 1 and 2
(Grab the Banana)**



**Year 3 and Year 4
(Band Runner)**



**Year 5 and Year 6
(Jigsaw)**

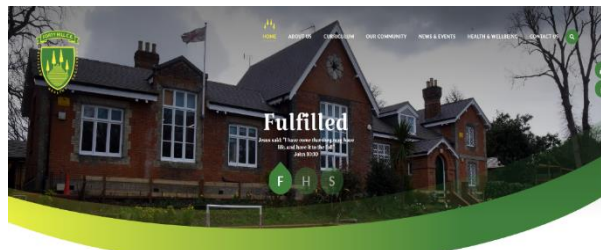


For more information on Online Safety, click here: <https://www.fortyhill.com/page/?title=Online+Safety&pid=51>

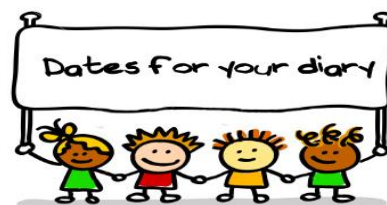
Information

Whilst we will continue to email lots of information, don't forget that our calendar and curriculum information can all be found on our website, www.fortyhill.com. The information from the meet the teacher meetings, as well as spelling lists and extra information as it comes available can all be found here.

All of the dates for events and everything going on are sent on a weekly basis via the weekly update email, as well as on our monthly newsletters and the website, so hopefully you will never miss out on key dates. Unfortunately, at present, we are unable to commit to parent workshops, class acts of worship and topic afternoons. We will, of course, let you know if and when things change. The dates below are planned events but, of course, are subject to change.



Forest School Sessions	
Year 1	Autumn 1
Year 2	Autumn 2
Year 3	Spring 2
Year 4	Spring 1
Year 5	Summer 1
Year 6	Summer 2



November

Wednesday 1st November - Forest School for Year 2

Tuesday 7th November - Parent Workshop Zones of Regulation 9am

Friday 10th November - Remembrance Service Time TBC

Friday 17th November - Children in Need

Monday 20th November INSET day - School Closed

Tuesday 28th November - Year 2 Pathways Christmas Experience

December

Friday 1st December - Arts Trophy Final (Solo Performance)

Monday 4th December - Parent Workshop, Helping your child with Early Reading 9am

Friday 15th December - Christmas Jumper Day

Tuesday 19th December - EYFS Nativity

Wednesday 20th December - Christmas Service 12.30pm