



## PSHE including Global Citizenship Curriculum Overview - Nursery

	<b>Autumn Term: Fulfilled</b> <i>Jesus said: "I have come that they may have life, and have it to the full" John 10:10</i>		<b>Spring Term: Healthy</b> <i>Paul said: "For in him we live and move and have our being" Acts 17:28</i>		<b>Summer Term: Successful</b> <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future" Jeremiah 29:11</i>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>School Value</b>	<b>Confidence</b>	<b>Determination</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	Settling into nursery Exploring the new environment Learning our nursery rules and introduction to Zones of regulation and learn and understand what the colours mean and represent.	Listening to others in small groups and begin to develop their friendships. Taking turns and being independent. Using the language of Zones of regulation to articulate how they are feeling and to help adjust their behaviour if needed.	Playing in small in groups, extending and elaborating our play ideas. Being assertive where appropriate. Beginning to use the zones of regulation as an everyday tool to discuss and regulate emotions and behaviour.	Talk about why it is important to be healthy – food, physically, mentally and look at oral hygiene. Begin to use zones of regulation as part of our everyday language for ourselves and to help our friends.	Explore resilience and never giving up through challenges. Support children in developing positive relationships by challenging negative comments and actions. To identify which areas of the classroom can help us regulate our feelings and behaviour and which areas will make it worse.	Transition into Reception Zones of regulation - to build a bank of strategies to help independently self-regulate and to talk in the language of colour.
<b>Global Citizenship</b>	<b>Sharing</b>	<b>Collaboration</b>	<b>Empathy</b>	<b>Respect</b>	<b>Care for People</b>	<b>Care for Environment</b>
<b>Events</b>	<b>Multicultural Week</b>	<b>Anti-Bullying Week</b> <b>Remembrance Day</b> <b>Children in Need</b> <i>Reaching Out- buying Poppies from the Clockhouse</i>	<b>Online Safety Day</b>	<b>Comic Relief / Sports Relief</b>		<b>Relationship and Sex Education Week (RSE)</b> <b>Sports Day</b> <b>Vision Parliament</b>



## PSHE including Global Citizenship Curriculum Overview- Rec

	<p style="text-align: center;"><b>Autumn Term: Fulfilled</b>  <i>Jesus said:</i>  <i>"I have come that they may have life, and have it to the full" John 10:10</i></p>		<p style="text-align: center;"><b>Spring Term: Healthy</b>  <i>Paul said:</i>  <i>"For in him we live and move and have our being" Acts 17:28</i></p>		<p style="text-align: center;"><b>Summer Term: Successful</b>  <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i>  <i>Jeremiah 29:11</i></p>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>Value</b>	<b>Confidence</b>	<b>Respect</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	Small group opportunities to develop confidence and self-esteem, develop classroom rules, opportunities to share feelings	Remembering behaviour expectations with less adult support, beginning to talk about how others may be feeling and developing appropriate ways to be assertive.	Friendships will become more secure and pupils will develop empathy towards their peers. Beginning to negotiate more effectively and having an understanding of how they can keep themselves healthy.	Identify their emotions and begin to regulate themselves independently. Showing sensitivity towards the needs of others and their own needs.	Understanding that actions can impact on others. Understanding rules and behaviour expectations. Give focused attention what people are saying respond appropriately.	Understanding the impact people have on the world. Teamwork skills, group games building resilience & perseverance in face of challenge.
<b>Global Citizenship</b>	<p><b><u>We're Not So Different</u></b>  <b>Developing empathy and understanding what a refugee is and what being a refugee means, developing respect for diversity.</b></p>					
<b>Events</b>	Multicultural Week	Anti-Bullying Week Remembrance Day Children in Need	Online Safety Day	Comic Relief / Sports Relief	Reaching Out- Play session with Elsyng House	Relationship and Sex Education Week (RSE) Sports Day Vision Parliament

# PSHE including Global Citizenship Curriculum Overview- Year 1



	<b>Autumn Term: Fulfilled</b> <i>Jesus said:</i> <i>"I have come that they may have life, and have it to the full"</i> <i>John 10:10</i>		<b>Spring Term: Healthy</b> <i>Paul said:</i> <i>"For in him we live and move and have our being"</i> <i>Acts 17:28</i>		<b>Summer Term: Successful</b> <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i> <i>Jeremiah 29:11</i>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>Value</b>	<b>Confidence</b>	<b>Respect</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	<b>Who Am I?</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about what makes themselves and others special</li> <li>• about roles and responsibilities at home and school</li> <li>• about being co-operative with others</li> </ul> <i>(Me and Others-Islington p66-70)</i>	<b>Feelings</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about different types of feelings</li> <li>• about managing different feelings</li> <li>• about change or loss and how this can feel</li> </ul> <i>(Islington p76-82)</i>	<b>Staying Healthy</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about how to look after their bodies</li> <li>• why people use medicines</li> <li>• about what happens on a visit to hospital</li> </ul> <i>(Enfield scheme – Staying Healthy x 3 sessions)</i>	<b>Feeling Safe</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• safety in familiar situations</li> <li>• about personal safety</li> <li>• about people who help keep them safe outside the home</li> </ul> <i>(Islington p60-65)</i>	<b>Democracy</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• what is democracy</li> <li>• about democracy in our school</li> <li>• about democracy in our country</li> </ul>	<b>My Money</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about where money comes from and making choices when spending money</li> <li>• about saving money and how to keep it safe</li> <li>• about the different jobs people do</li> </ul> <i>(Islington p83-88)</i>
<b>P4C Theme</b>	<b>Fair and Unfair</b>	<b>Say No to Bullying</b>	<b>Staying Safe Online</b>	<b>Growing Up – from Young to Old</b>	<b>Protecting the Environment</b>	<b>Winning and Losing</b>
<b>Global Citizenship</b>	<b>Raising Our Voices</b> <b>A cross curricula project on the role of music in social change, looking at human rights and equality issues and how music has been used to express people's voices.</b>					
<b>Events</b>	<b>Multicultural Week</b>	<b>Anti-Bullying Week</b> <b>Remembrance Day</b> <b>Children in Need</b> <b>Reaching Out (<i>Working with the Rotary Club</i>)</b>	<b>Online Safety Day</b>	<b>Comic Relief / Sports Relief</b>		<b>Relationship and Sex Education Week (RSE)</b> <b>Sports Day</b> <b>Vision Parliament</b>

## PSHE including Global Citizenship Curriculum Overview - Year 2



	<b>Autumn Term: Fulfilled</b> <i>Jesus said:</i> <i>"I have come that they may have life, and have it to the full"</i> <i>John 10:10</i>		<b>Spring Term: Healthy</b> <i>Paul said:</i> <i>"For in him we live and move and have our being"</i> <i>Acts 17:28</i>		<b>Summer Term: Successful</b> <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i> <i>Jeremiah 29:11</i>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>Value</b>	<b>Confidence</b>	<b>Respect</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	<b>Self-Awareness</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• how to identify their strengths and what they are good at</li> <li>• to identify and talk about their feelings</li> <li>• to resolve arguments</li> </ul> <i>(Enfield scheme – Self-Awareness x 3 sessions)</i>	<b>Managing Feelings</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about how they might be affected by change or loss</li> <li>• what bullying is</li> <li>• to understand choices and consequences</li> </ul> <i>(Enfield scheme – Managing Feelings x 3 sessions)</i>	<b>What Keeps Me Healthy?</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about eating well</li> <li>• about the importance of physical activity, sleep and rest</li> <li>• about people who help us to stay healthy and well and about basic health and hygiene routines</li> </ul> <i>(Islington p93-98)</i>	<b>Medicines and Me</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• why medicines are taken</li> <li>• where medicines come from</li> <li>• about keeping themselves safe around medicines</li> </ul> <i>(Islington p 118-123)</i>	<b>Indoors and Outdoors</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about keeping safe in the home, including fire safety</li> <li>• about keeping safe outside</li> <li>• about road safety</li> </ul> <i>(Islington p 112-117)</i>	<b>Rule of Law</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• what is the law</li> <li>• about people who keep us safe</li> <li>• to make rules and keep them</li> </ul>
<b>P4C Theme</b>	<b>Having a Voice</b>	<b>Bystanders</b>	<b>Staying Safe Online</b>	<b>Taking Responsibility as we Grow Up</b>	<b>Protecting the Environment</b>	<b>Winning and Losing</b>
<b>Global Citizenship</b>	<b>What do We Need to Thrive?</b> <b>A time to reflect on what we value the most, prompting thinking and discussion and about what things are essential in our lives and appreciate shared needs.</b>					
<b>Events</b>	<b>Multicultural Week</b>	<b>Anti-Bullying Week</b> <b>Remembrance Day</b> <b>Children in Need</b>	<b>Online Safety Day</b>	<b>Comic Relief / Sports Relief</b> <b>Reaching Out (<i>Great British Spring Clean</i>)</b>	<b>International Outdoor Learning Day</b>	<b>Relationship and Sex Education Week (RSE)</b> <b>Sports Day</b> <b>Vision Parliament</b>



## PSHE including Global Citizenship Curriculum Overview- Year 3

	<b>Autumn Term: Fulfilled</b> <i>Jesus said:</i> <i>"I have come that they may have life, and have it to the full"</i> <i>John 10:10</i>		<b>Spring Term: Healthy</b> <i>Paul said:</i> <i>"For in him we live and move and have our being"</i> <i>Acts 17:28</i>		<b>Summer Term: Successful</b> <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i> <i>Jeremiah 29:11</i>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>Value</b>	<b>Confidence</b>	<b>Respect</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	<b>Strengths and Challenges</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about celebrating achievements and setting personal goals</li> <li>• about dealing with put-downs</li> <li>• about positive ways to deal with set-backs</li> </ul> <i>(Islington p139-145)</i>	<b>Bullying – See it, Say it, Stop it</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to recognise bullying and how it can make people feel</li> <li>• about different types of bullying and how to respond to incidents of bullying</li> <li>• about what to do if they witness bullying</li> </ul> <i>(Islington p134-138)</i>	<b>What Helps Me Choose?</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about making healthy choices about food and drinks</li> <li>• about how branding can affect what foods people choose to buy</li> <li>• about keeping active and some of the challenges of this</li> </ul> <i>(Islington p160-164)</i>	<b>The Effects of Smoking</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• the definition of a drug and that drugs (including medicines) can be harmful to people</li> <li>• about the effects and risks of smoking tobacco and second hand smoke</li> <li>• about the help available for people to remain smoke free or stop smoking</li> </ul> <i>(Tobacco is a Drug - Islington p128-131)</i>	<b>Tolerance of Different Faiths and Beliefs</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about valuing the similarities and differences between themselves and others</li> <li>• about what is meant by community</li> <li>• about belonging to groups</li> </ul> <i>(Celebrating Difference Islington p146-152)</i>	<b>Money and Me</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• why money is important &amp; why money was invented</li> <li>• identify how we choose to use our money and make informed decisions.</li> <li>• how we categorise needs and wants and make wise spending decisions.</li> </ul> <i>(Lessons 2-4 Beano &amp; Bank of England Scheme for LKS1)</i>
<b>P4C Theme</b>	<b>Similarities and Differences</b>	<b>Courage</b>	<b>Staying Safe Online</b>	<b>Taking and Managing Risks</b>	<b>Community</b>	<b>Human Rights</b>
<b>Global Citizenship</b>	<b>Explore the Work of Oxfam</b> Understanding that Oxfam is a global organisation of millions of people who share the belief that in a world rich in resources, poverty isn't inevitable, it is an injustice that can and be overcome					
<b>Events</b>	Multicultural Week	Anti-Bullying Week Remembrance Day Children in Need Reaching Out ( <i>Homes of Promise</i> )	Online Safety Day	Comic Relief / Sports Relief		Relationship and Sex Education Week (RSE) Sports Day Vision Parliament

# PSHE including Global Citizenship Curriculum Overview- Year 4



	<b>Autumn Term: Fulfilled</b> <i>Jesus said:</i> <i>"I have come that they may have life, and have it to the full"</i> <i>John 10:10</i>		<b>Spring Term: Healthy</b> <i>Paul said:</i> <i>"For in him we live and move and have our being"</i> <i>Acts 17:28</i>		<b>Summer Term: Successful</b> <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i> <i>Jeremiah 29:11</i>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>Value</b>	<b>Confidence</b>	<b>Respect</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	<b>Mutual Respect</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to show respect for thoughts and feelings</li> <li>to disagree respectfully</li> <li>that everyone is entitled to an opinion</li> </ul>	<b>Resilience</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to identify barriers to learning</li> <li>to develop strategies to cope with disappointment</li> <li>to develop resilience</li> </ul> <i>(Enfield scheme – Resilience x 3 sessions)</i>	<b>Making Choices</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them</li> <li>about the effects and risks of drinking alcohol</li> <li>about different patterns of behaviour that are related to drug use</li> </ul> <i>(Islington p174-180)</i>	<b>Looking After Me</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>why people may eat or avoid certain foods (religious, moral, cultural or health reasons)</li> <li>about other factors that contribute to people's food choices (such as ethical farming, fair trade and seasonality)</li> <li>about the importance of getting enough sleep</li> </ul> <i>(What is Important to Me - Islington p181-186)</i>	<b>Playing Safe</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>how to be safe in their computer gaming habits</li> <li>about keeping safe near roads, rail, water, building sites and around fireworks</li> <li>about what to do in an emergency</li> </ul> <i>(Islington p187-192)</i>	<b>What is Home?</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>to explore the differences between needs and wants in housing</li> <li>to explore the concept of home</li> <li>to understand the differences between rights and responsibilities</li> </ul> <i>(Enfield scheme – What is Home x 3 sessions)</i>
<b>P4C Theme</b>	<b>Marriage</b>	<b>Say No to Bullying</b>	<b>Staying Safe Online</b>	<b>Loss and Bereavement</b>	<b>Community</b>	<b>Human Rights</b>
<b>Global Citizenship</b>	<b><u>The Right to Education</u></b> <b>Understand and encourage children to think about what it means to learn and the right to education for everyone.</b>					
<b>Events</b>	<b>Multicultural Week</b> <b>Reaching Out (Foodbank Visit)</b>	<b>Anti-Bullying Week</b> <b>Remembrance Day</b> <b>Children in Need</b>	<b>Online Safety Day</b>	<b>Comic Relief / Sports Relief</b>		<b>Relationship and Sex Education Week (RSE)</b> <b>Sports Day</b> <b>Vision Parliament</b>



## PSHE including Global Citizenship Curriculum Overview- Year 5

	<b>Autumn Term: Fulfilled</b> <i>Jesus said:</i> <i>"I have come that they may have life, and have it to the full"</i> <i>John 10:10</i>		<b>Spring Term: Healthy</b> <i>Paul said:</i> <i>"For in him we live and move and have our being"</i> <i>Acts 17:28</i>		<b>Summer Term: Successful</b> <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i> <i>Jeremiah 29:11</i>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>Value</b>	<b>Confidence</b>	<b>Respect</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	<b>Dealing with Feelings</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about a wide range of emotions and feelings and how these are experienced in the body</li> <li>• about times of change and how this can make people feel</li> <li>• about the feelings associated with loss, grief and bereavement</li> </ul> <i>(Islington p221-226)</i>	<b>Dealing with Difficult Situations</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to understand why forgiveness is important to a friendship</li> <li>• to understand embarrassment</li> <li>• to develop strategies for anger management</li> </ul> <i>(Enfield scheme – Dealing with Difficult Situations x 3 sessions)</i>	<b>In the Media</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• that messages given on food adverts can be misleading</li> <li>• about role models</li> <li>• about how the media can manipulate images and that these images may not reflect reality</li> </ul> <i>(Islington p205-209)</i>	<b>Different Influences</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about the risks associated with smoking drugs, including cigarettes</li> <li>• about different influences on drug use – alcohol, tobacco and nicotine products</li> <li>• strategies to resist pressure from others about whether to use drugs – smoking drugs and alcohol</li> </ul> <i>(Islington p227-232)</i>	<b>Money Matters</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• Introduction to Banking</li> <li>• What is The Bank of England?</li> <li>• Why do Prices Change Over Time?</li> <li>• Managing Money</li> <li>• What is Debt?</li> <li>• Keeping Money Safe</li> <li>• Ethical Spending</li> </ul> <i>(Beano &amp; Bank of England Scheme Lessons 5-12 UKS2)</i>	<b>Individual Liberty</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about making choices within the law</li> <li>• that it is good to have your own opinions</li> <li>• to explore the concept of freedom</li> </ul>
<b>P4C Theme</b>	<b>Love</b>	<b>Say No to Bullying</b>	<b>What is real?</b>	<b>Habits – why do we form them?</b>	<b>Third World Debt</b>	<b>Identity</b>
<b>Global Citizenship</b>	<b>Global Food Challenge</b> <b>Tackling the complex issue of global supply changes and addressing the subject of global hunger.</b>					
<b>Events</b>	<b>Multicultural Week</b>	<b>Anti-Bullying Week</b> <b>Remembrance Day</b> <b>Children in Need</b> <b>Reaching Out (Christmas Carols at Nairn House)</b>	<b>Online Safety Day</b> <b>Swimming</b>	<b>Comic Relief / Sports Relief</b>		<b>Relationship and Sex Education Week (RSE)</b> <b>Sports Day</b> <b>Vision Parliament</b>





## PSHE including Global Citizenship Curriculum Overview- Year 6

	<b>Autumn Term: Fulfilled</b> <i>Jesus said:</i> <i>"I have come that they may have life, and have it to the full"</i> <i>John 10:10</i>		<b>Spring Term: Healthy</b> <i>Paul said:</i> <i>"For in him we live and move and have our being"</i> <i>Acts 17:28</i>		<b>Summer Term: Successful</b> <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i> <i>Jeremiah 29:11</i>	
	<b>Relationships</b>		<b>Health and Wellbeing</b>		<b>Living in the Wider World</b>	
	<b>Autumn Term 1</b>	<b>Autumn Term 2</b>	<b>Spring Term 1</b>	<b>Spring Term 2</b>	<b>Summer Term 1</b>	<b>Summer Term 2</b>
<b>Value</b>	<b>Confidence</b>	<b>Respect</b>	<b>Compassion</b>	<b>Reflective</b>	<b>Responsible</b>	<b>Resilient</b>
<b>PSHE Topic</b>	<b>British Values – Human Rights</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about people who have moved to Enfield/London from other places, (including the experience of refugees)</li> <li>• about human rights and the UN Convention on the Rights of the Child</li> <li>• about homelessness</li> </ul> <i>(Islington p258-263)</i>	<b>Feelings and Conflicts</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to identify different feelings that can overwhelm us</li> <li>• to accept our part in conflicts</li> <li>• to know the difference between positive, assertive and aggressive</li> </ul> <i>(Enfield scheme – Dealing with Difficult Situations x 3 sessions)</i>	<b>Healthy Minds</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• what mental health is</li> <li>• about what can affect mental health and some ways of dealing with this</li> <li>• about some everyday ways to look after mental health</li> <li>• about the stigma and discrimination that can surround mental health</li> </ul> <i>(Islington p264-269)</i>	<b>Weighing Up Risk</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about the risks associated with using different drugs</li> <li>• about assessing the level of risk in different situations involving drug use</li> <li>• about ways to manage risk in situations involving drug use</li> </ul> <i>(Islington p253-257)</i>	<b>Exam Pressure</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• to explore different coping strategies</li> <li>• to discuss their feelings in relation to pressure</li> <li>• to look at the importance of exercise, sleep and diet during stressful times</li> </ul>	<b>Keeping Safe - Out and About</b> <i>Pupils learn:</i> <ul style="list-style-type: none"> <li>• about feelings of being out and about in the local area with increasing independence</li> <li>• about recognising and responding to peer pressure</li> <li>• about the consequences of anti-social behaviour (including gangs)</li> </ul> <i>(Islington p270-274)</i>
<b>P4C Theme</b>	<b>Love</b>	<b>Say No to Bullying</b>	<b>Healthy Mind</b>	<b>Taking and Managing Risks</b>	<b>Success</b>	<b>Identity</b>
<b>Global Citizenship</b>	<b>The Human Impact of Climate Change</b> <b>Understanding the human element of the climate crisis to help tackle the climate emergency so that humans can have a healthy environment for life on Earth.</b>					
<b>Events</b>	<b>Multicultural Week</b>	<b>Anti-Bullying Week</b> <b>Remembrance Day</b> <b>Children in Need</b>	<b>Online Safety Day</b>	<b>Comic Relief / Sports Relief</b>		<b>Relationship and Sex Education Week (RSE)</b> <b>Sports Day</b> <b>Vision Parliament</b> <b>Reaching Out (Cake Bake and Sale)</b> <b>Junior Citizenship</b>