



	<p><b>Autumn Term: Fulfilled</b>  <i>Jesus said:</i>  <i>"I have come that they may have life, and have it to the full"</i>  <i>John 10:10</i></p>		<p><b>Spring Term: Healthy</b>  <i>Paul said:</i>  <i>"For in him we live and move and have our being"</i>  <i>Acts 17:28</i></p>		<p><b>Summer Term: Successful</b>  <i>"For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you a hope and a future"</i>  <i>Jeremiah 29:11</i></p>	
	<p><b>Relationships</b></p>		<p><b>Health and Wellbeing</b></p>		<p><b>Living in the Wider World</b></p>	
	<p><b>Autumn Term 1</b></p>	<p><b>Autumn Term 2</b></p>	<p><b>Spring Term 1</b></p>	<p><b>Spring Term 2</b></p>	<p><b>Summer Term 1</b></p>	<p><b>Summer Term 2</b></p>
<p><b>Value</b></p>	<p><b>Confidence</b></p>	<p><b>Determination</b></p>	<p><b>Friendship</b></p>	<p><b>Respect</b></p>	<p><b>Forgiveness</b></p>	<p><b>Celebration</b></p>
<p><b>PSHE Topic</b></p>	<p><b>Who Am I?</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about what makes themselves and others special</li> <li>• about roles and responsibilities at home and school</li> <li>• about being co-operative with others</li> </ul>   <i>(Me and Others-Islington p66-70)</i></p>	<p><b>Feelings</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about different types of feelings</li> <li>• about managing different feelings</li> <li>• about change or loss and how this can feel</li> </ul>   <i>(Islington p76-82)</i></p>	<p><b>Staying Healthy</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about how to look after their bodies</li> <li>• why people use medicines</li> <li>• about what happens on a visit to hospital</li> </ul>   <i>(Enfield scheme – Staying Healthy x 3 sessions)</i></p>	<p><b>Feeling Safe</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• safety in familiar situations</li> <li>• about personal safety</li> <li>• about people who help keep them safe outside the home</li> </ul>   <i>(Islington p60-65)</i></p>	<p><b>Democracy</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• what is democracy</li> <li>• about democracy in our school</li> <li>• about democracy in our country</li> </ul> </p>	<p><b>My Money</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about where money comes from and making choices when spending money</li> <li>• about saving money and how to keep it safe</li> <li>• about the different jobs people do  <i>(Islington p83-88)</i></li> <li>• Plus Lesson 1 All About Money from Beano / Bank of England scheme</li> </ul> </p>
<p><b>P4C Theme</b></p>	<p><b>Fair and Unfair</b></p>	<p><b>Say No to Bullying</b></p>	<p><b>Staying Safe Online</b></p>	<p><b>Growing Up – from Young to Old</b></p>	<p><b>Protecting the Environment</b></p>	<p><b>Winning and Losing</b></p>
<p><b>Events</b></p>	<p><b>Multicultural Week</b></p>	<p><b>Anti-Bullying Week</b>  <b>Remembrance Day</b>  <b>Children in Need</b>  <b>Reaching Out</b>  <i>(Working with the Rotary Club)</i></p>	<p><b>Online Safety Day</b></p>	<p><b>Comic Relief / Sports Relief</b></p>	<p><b>International Outdoor Learning Day</b></p>	<p><b>Relationship and Sex Education Week (RSE)</b>  <b>Sports Day</b>  <b>Vision Parliament</b></p>



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	<p><b>Relationships</b></p>		<p><b>Health and Wellbeing</b></p>		<p><b>Living in the Wider World</b></p>	
	<p><b>Autumn Term 1</b></p>	<p><b>Autumn Term 2</b></p>	<p><b>Spring Term 1</b></p>	<p><b>Spring Term 2</b></p>	<p><b>Summer Term 1</b></p>	<p><b>Summer Term 2</b></p>
<p><b>Value</b></p>	<p><b>Confidence</b></p>	<p><b>Determination</b></p>	<p><b>Friendship</b></p>	<p><b>Respect</b></p>	<p><b>Forgiveness</b></p>	<p><b>Celebration</b></p>
<p><b>PSHE Topic</b></p>	<p><b>Self-Awareness</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• how to identify their strengths and what they are good at</li> <li>• to identify and talk about their feelings</li> <li>• to resolve arguments</li> </ul>   <i>(Enfield scheme – Self-Awareness x 3 sessions)</i></p>	<p><b>Managing Feelings</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about how they might be affected by change or loss</li> <li>• what bullying is</li> <li>• to understand choices and consequences</li> </ul>   <i>(Enfield scheme – Managing Feelings x 3 sessions)</i></p>	<p><b>What Keeps Me Healthy?</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about eating well</li> <li>• about the importance of physical activity, sleep and rest</li> <li>• about people who help us to stay healthy and well and about basic health and hygiene routines</li> </ul>   <i>(Islington p93-98)</i></p>	<p><b>Medicines and Me</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• why medicines are taken</li> <li>• where medicines come from</li> <li>• about keeping themselves safe around medicines</li> </ul>   <i>(Islington p 118-123)</i></p>	<p><b>Indoors and Outdoors</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about keeping safe in the home, including fire safety</li> <li>• about keeping safe outside</li> <li>• about road safety</li> </ul>   <i>(Islington p 112-117)</i></p>	<p><b>Rule of Law</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• what is the law</li> <li>• about people who keep us safe</li> <li>• to make rules and keep them</li> </ul> </p>
<p><b>P4C Theme</b></p>	<p><b>Having My Own Opinion</b></p>	<p><b>Say No to Bullying</b></p>	<p><b>Staying Safe Online</b></p>	<p><b>Taking Responsibility as we Grow Up</b></p>	<p><b>Protecting the Environment</b></p>	<p><b>Winning and Losing</b></p>
<p><b>Events</b></p>	<p><b>Multicultural Week</b></p>	<p><b>Anti-Bullying Week Remembrance Day Children in Need</b></p>	<p><b>Online Safety Day</b></p>	<p><b>Comic Relief / Sports Relief Reaching Out (<i>Great British Spring Clean</i>)</b></p>	<p><b>International Outdoor Learning Day</b></p>	<p><b>Relationship and Sex Education Week (RSE) Sports Day Vision Parliament</b></p>



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	<p><b>Relationships</b></p>		<p><b>Health and Wellbeing</b></p>		<p><b>Living in the Wider World</b></p>	
	<p><b>Autumn Term 1</b></p>	<p><b>Autumn Term 2</b></p>	<p><b>Spring Term 1</b></p>	<p><b>Spring Term 2</b></p>	<p><b>Summer Term 1</b></p>	<p><b>Summer Term 2</b></p>
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<p><b>PSHE Topic</b></p>	<p><b>Strengths and Challenges</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about celebrating achievements and setting personal goals</li> <li>• about dealing with put-downs</li> <li>• about positive ways to deal with set-backs</li> </ul>   <i>(Islington p139-145)</i></p>	<p><b>Bullying – See it, Say it, Stop it</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• to recognise bullying and how it can make people feel</li> <li>• about different types of bullying and how to respond to incidents of bullying</li> <li>• about what to do if they witness bullying</li> </ul>   <i>(Islington p134-138)</i></p>	<p><b>What Helps Me Choose?</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about making healthy choices about food and drinks</li> <li>• about how branding can affect what foods people choose to buy</li> <li>• about keeping active and some of the challenges of this</li> </ul>   <i>(Islington p160-164)</i></p>	<p><b>The Effects of Smoking</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• the definition of a drug and that drugs (including medicines) can be harmful to people</li> <li>• about the effects and risks of smoking tobacco and second hand smoke</li> <li>• about the help available for people to remain smoke free or stop smoking</li> </ul>   <i>(Tobacco is a Drug - Islington p128-131)</i></p>	<p><b>Tolerance of Different Faiths and Beliefs</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about valuing the similarities and differences between themselves and others</li> <li>• about what is meant by community</li> <li>• about belonging to groups</li> </ul>   <i>(Celebrating Difference Islington p146-152)</i></p>	<p><b>Money and Me</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• why money is important &amp; why money was invented</li> <li>• the different uses for money</li> <li>• identify how we choose to use our money and make informed decisions.</li> <li>• how we categorise needs and wants and make wise spending decisions.</li> </ul>   <i>(Lessons 2-4 Beano &amp; Bank of England Scheme for LKS1)</i></p>
<p><b>P4C Theme</b></p>	<p><b>Similarities and Differences</b></p>	<p><b>Say No to Bullying</b></p>	<p><b>Staying Safe Online</b></p>	<p><b>Taking and Managing Risks</b></p>	<p><b>Community</b></p>	<p><b>Human Rights</b></p>
<p><b>Events</b></p>	<p><b>Multicultural Week</b></p>	<p><b>Anti-Bullying Week Remembrance Day Children in Need Reaching Out (<i>Homes of Promise</i>)</b></p>	<p><b>Online Safety Day</b></p>	<p><b>Comic Relief / Sports Relief</b></p>	<p><b>International Outdoor Learning Day</b></p>	<p><b>Relationship and Sex Education Week (RSE) Sports Day Vision Parliament</b></p>



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<p><b>PSHE Topic</b></p>	<p><b>Mutual Respect</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>to show respect for thoughts and feelings</li> <li>to disagree respectfully</li> <li>that everyone is entitled to an opinion</li> </ul> </p>	<p><b>Resilience</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>to identify barriers to learning</li> <li>to develop strategies to cope with disappointment</li> <li>to develop resilience</li> </ul>   <i>(Enfield scheme – Resilience x 3 sessions)</i> </p>	<p><b>Making Choices</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them</li> <li>about the effects and risks of drinking alcohol</li> <li>about different patterns of behaviour that are related to drug use</li> </ul>   <i>(Islington p174-180)</i> </p>	<p><b>Looking After Me</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>why people may eat or avoid certain foods (religious, moral, cultural or health reasons)</li> <li>about other factors that contribute to people's food choices (such as ethical farming, fair trade and seasonality)</li> <li>about the importance of getting enough sleep</li> </ul>   <i>(What is Important to Me - Islington p181-186)</i> </p>	<p><b>Playing Safe</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>how to be safe in their computer gaming habits</li> <li>about keeping safe near roads, rail, water, building sites and around fireworks</li> <li>about what to do in an emergency</li> </ul>   <i>(Islington p187-192)</i> </p>	<p><b>What is Home?</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>to explore the differences between needs and wants in housing</li> <li>to explore the concept of home</li> <li>to understand the differences between rights and responsibilities</li> </ul>   <i>(Enfield scheme – What is Home x 3 sessions)</i> </p>
<p><b>P4C Theme</b></p>	<p><b>Marriage</b></p>	<p><b>Say No to Bullying</b></p>	<p><b>Staying Safe Online</b></p>	<p><b>Loss and Bereavement</b></p>	<p><b>Community</b></p>	<p><b>Human Rights</b></p>
<p><b>Events</b></p>	<p><b>Multicultural Week</b>  <b>Reaching Out</b>  <i>(Foodbank Visit)</i>  <b>Bikeability Level 1</b></p>	<p><b>Anti-Bullying Week</b>  <b>Remembrance Day</b>  <b>Children in Need</b></p>	<p><b>Online Safety Day</b></p>	<p><b>Comic Relief / Sports Relief</b></p>	<p><b>International Outdoor Learning Day</b></p>	<p><b>Relationship and Sex Education Week (RSE)</b>  <b>Sports Day</b>  <b>Vision Parliament</b></p>



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<p><b>PSHE Topic</b></p>	<p><b>Dealing with Feelings</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about a wide range of emotions and feelings and how these are experienced in the body</li> <li>• about times of change and how this can make people feel</li> <li>• about the feelings associated with loss, grief and bereavement</li> </ul>   <i>(Islington p221-226)</i></p>	<p><b>Dealing with Difficult Situations</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• to understand why forgiveness is important to a friendship</li> <li>• to understand embarrassment</li> <li>• to develop strategies for anger management</li> </ul>   <i>(Enfield scheme – Dealing with Difficult Situations x 3 sessions)</i></p>	<p><b>In the Media</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• that messages given on food adverts can be misleading</li> <li>• about role models</li> <li>• about how the media can manipulate images and that these images may not reflect reality</li> </ul>   <i>(Islington p205-209)</i></p>	<p><b>Different Influences</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about the risks associated with smoking drugs, including cigarettes</li> <li>• about different influences on drug use – alcohol, tobacco and nicotine products</li> <li>• strategies to resist pressure from others about whether to use drugs – smoking drugs and alcohol</li> </ul>   <i>(Islington p227-232)</i></p>	<p><b>Money Matters</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• Introduction to Banking</li> <li>• What is The Bank of England?</li> <li>• Why do Prices Change Over Time?</li> <li>• Managing Money</li> <li>• What is Debt?</li> <li>• Keeping Money Safe</li> <li>• Ethical Spending</li> </ul>   <i>(Beano &amp; Bank of England Scheme Lessons 5-12 UKS2)</i></p>	<p><b>Individual Liberty</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about making choices within the law</li> <li>• that it is good to have your own opinions</li> <li>• to explore the concept of freedom</li> </ul> </p>
<p><b>P4C Theme</b></p>	<p><b>Love</b></p>	<p><b>Say No to Bullying</b></p>	<p><b>Staying Safe Online</b></p>	<p><b>Habits – why do we form them?</b></p>	<p><b>Third World Debt</b></p>	<p><b>Identity</b></p>
<p><b>Events</b></p>	<p><b>Multicultural Week</b></p>	<p><b>Anti-Bullying Week</b>  <b>Remembrance Day</b>  <b>Children in Need</b>  <b>Reaching Out</b>  <i>(Christmas Carols at Nairn House)</i></p>	<p><b>Online Safety Day</b></p>	<p><b>Comic Relief / Sports Relief</b></p>	<p><b>International Outdoor Learning Day</b></p>	<p><b>Relationship and Sex Education Week (RSE)</b>  <b>Sports Day</b>  <b>Vision Parliament</b></p>



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<p><b>PSHE Topic</b></p>	<p><b>British Values – Human Rights</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about people who have moved to Enfield/London from other places, (including the experience of refugees)</li> <li>• about human rights and the UN Convention on the Rights of the Child</li> <li>• about homelessness</li> </ul> <i>(Islington p258-263)</i></p>	<p><b>Feelings and Conflicts</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• to identify different feelings that can overwhelm us</li> <li>• to accept our part in conflicts</li> <li>• to know the difference between positive, assertive and aggressive</li> </ul> <i>(Enfield scheme – Dealing with Difficult Situations x 3 sessions)</i></p>	<p><b>Healthy Minds</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• what mental health is</li> <li>• about what can affect mental health and some ways of dealing with this</li> <li>• about some everyday ways to look after mental health</li> <li>• about the stigma and discrimination that can surround mental health</li> </ul> <i>(Islington p264-269)</i></p>	<p><b>Weighing Up Risk</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about the risks associated with using different drugs</li> <li>• about assessing the level of risk in different situations involving drug use</li> <li>• about ways to manage risk in situations involving drug use</li> </ul> <i>(Islington p253-257)</i></p>	<p><b>Exam Pressure</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• to explore different coping strategies</li> <li>• to discuss their feelings in relation to pressure</li> <li>• to look at the importance of exercise, sleep and diet during stressful times</li> </ul> </p>	<p><b>Keeping Safe - Out and About</b>  <i>Pupils learn:</i>  <ul style="list-style-type: none"> <li>• about feelings of being out and about in the local area with increasing independence</li> <li>• about recognising and responding to peer pressure</li> <li>• about the consequences of anti-social behaviour (including gangs)</li> </ul> <i>(Islington p270-274)</i></p>
<p><b>P4C Theme</b></p>	<p><b>Love</b></p>	<p><b>Say No to Bullying</b></p>	<p><b>Staying Safe Online</b></p>	<p><b>Taking and Managing Risks</b></p>	<p><b>Enterprise</b></p>	<p><b>Identity</b></p>
<p><b>Events</b></p>	<p><b>Multicultural Week</b></p>	<p><b>Anti-Bullying Week Remembrance Day Children in Need</b></p>	<p><b>Online Safety Day</b></p>	<p><b>Comic Relief / Sports Relief</b></p>	<p><b>International Outdoor Learning Day</b></p>	<p><b>Relationship and Sex Education Week (RSE) Sports Day Vision Parliament Reaching Out (Cake Bake and Sale) Bikeability Level 2 Junior Citizenship</b></p>

