

## Foundation Stage Curriculum Plan - Reception

Taught across the Year	Autumn Term 1 <sup>st</sup> half	Autumn Term 2 <sup>nd</sup> half	Spring Term 1 <sup>st</sup> half	Spring Term 2 <sup>nd</sup> half	Summer Term 1 <sup>st</sup> half	Summer Term 2 <sup>nd</sup> half
<p>Unit 1 EYFS "Drawing Lines and Circles"</p> <p><b>Mark Making Through movement</b> <i>(linked across all aspects of PE)</i></p> <p><b>8 themes</b> -straight up and down/ side to side</p> <p>-swinging movement and indirect lines (soft, curved and relaxed movement)</p> <p>-circular movements</p> <p>-angular movements</p> <p>-Looped movements</p> <p>-random but focused grabbing movements</p> <p>-consistent flowing line</p> <p>-arched movement</p> <p>-combing different writing strokes</p>	<p>Observation and assessment of children moving</p> <p>Establishing systems and procedures plus baseline material</p> <p>Unit 2 EYFS "Throw Catch Kick" <i>Focus on:</i> <i>Running, jumping and galloping (gross motor)</i></p> <p><i>Kicking large balls</i></p> <p><i>Rolling, throwing and aiming</i></p> <p><i>Jumping off the floor on 2 feet, one foot (hop)</i> <i>Jumping from one to the other (leap)</i></p> <p><i>Hanging, swinging, and climbing assessing upper body strength using outdoor climbing frame, poles and ropes</i></p>	<p>Unit 4 EYFS "Creative Dance"</p> <p><i>Action rhymes and rhythms</i></p> <p><i>Focus on:</i> <i>Spatial awareness</i> <i>Musicality</i> <i>Hand eye co-ordination</i></p> <p>Unit 2 EYFS "Throw Catch Kick"</p> <p><i>Focus on:</i> <i>'Rolling balls and other objects'</i></p>	<p>Unit 3 EYFS "Over Under and Through"</p> <p><i>Focus on:</i> <i>Travelling on different parts of the body</i></p> <p>Unit 2 EYFS "Throw Catch Kick"</p> <p><i>Focus on:</i> <i>'Aiming skills using a variety of balls and other objects'</i></p>	<p>Unit 4 EYFS "Creative Dance"</p> <p><i>Dance a story</i></p> <p>Unit 2 EYFS "Throw Catch Kick"</p> <p><i>Focus on:</i> <i>'Throwing and catching skills'</i></p>	<p>Unit 3 EYFS "Over Under and Through"</p> <p><i>Focus on:</i> <i>Balancing on different parts of the body</i></p> <p>Unit 2 EYFS "Throw Catch Kick"</p> <p><i>Focus on:</i> <i>'Kicking and dribbling activities'</i></p>	<p>Unit 4 EYFS Enfield "Creative Dance"</p> <p><i>Dance to known songs</i></p> <p>Unit 2 EYFS "Throw Catch Kick"</p> <p><i>Focus on:</i> <i>'Striking skills'</i></p>